



City of Sunnyvale  
**Parent Education  
Workshops**



Offered to parents, caregivers and guardians at no cost  
Ofrecido sin costo a padres, proveedores y guardianes

**Estrategias y Consejos para la Crianza de Hijos en Familias Mezcladas**

**Miércoles, 13 de Enero del 2010**

**6:30-8:00 p.m.**

Familias mezcladas son formadas por el matrimonio de dos personas con hijos de los matrimonios previos. En este taller los padres aprenderán la importancia de las reglas familiares y estrategias efectivas para su familia. Identifique las interacciones positivas en la familia y en veces los cambios difíciles. Se llevarán pasos para mantener una familia fuerte y unida. El taller será dirigido por Alicia Becerra Mendoza, Trabajadora Social con Licencia y acreditada como terapeuta. **Lugar: Columbia Middle School, 739 Morse Avenue, Sunnyvale, En la Clase 33**

*Para registrarse, llame al número indicado abajo y deje su nombre, número de teléfono y cuántos participantes. \**

**Parenting Through Separation & Divorce**

**Wednesday, February 10, 2010**

**6:30-8:00 p.m.**

This workshop will address how to parent through the transition of separation and divorce. Strategies for sharing parenting responsibilities, parenting from dual households, and coping with the stressors and challenges of separation/divorce will be explored. Nancy Klimp is a Marriage Family Child Therapist, who facilitates groups for individuals divorcing. \*

**Location: Sunnyvale Public Library, 665 W. Olive Avenue, Sunnyvale, Program Room**

**Blended Families & Step Parenting**

**Wednesday, March 10, 2010**

**6:30-8:00 p.m.**

Parents will learn about step family developmental stages and to normalize the step family as a family unit. This workshop will also explore issues that are characteristic of the "blended family" experience including establishing parental roles, coping with step parenting challenges, and steps to building a strong, cohesive family unit amid change. Workshop will be held by teacher, step parent, and Marriage, Family Therapist Trainee - Janice Shapiro. \*

**Location: Sunnyvale City Hall, West Conference Room, 456 W. Olive Avenue, Sunnyvale**

**To Register:** Provide your name and telephone number along with the number of participants



Call Youth, Family & Child Care Resources  
at (408) 523-8150



E-mail us at  
[childcareresources@ci.sunnyvale.ca.us](mailto:childcareresources@ci.sunnyvale.ca.us)



\* **Child Care is not available but children may attend with parent, if needed.**  
\* **No habrá cuidado de niños pero pueden asistir al taller acompañado con un padre.**

Workshops sponsored by the City of Sunnyvale Department of Community Services—Youth, Family & Child Care Resources in partnership with the above agencies & speakers. The City of Sunnyvale encourages persons with disabilities to participate in our DCS programs. We will make reasonable efforts to accommodate persons with disabilities in accordance with the Americans with Disabilities Act. If you require special accommodations, please contact (408) 523-8150, TDD (408) 730-7501 at least five days in advance of the program or activity.